



Ramjas International School
R.K. Puram, New Delhi

RAMJAS INTERNATIONAL SCHOOL

R. K. PURAM, NEW DELHI

RIS/RKP/2024/1/003

06 January 2025

DAY ADVENTURE CAMP AT SCHOOL

Dear parents,

The school is organizing a **Day's Camp** for the students of **Classes III to V** on **25th January 2025 (Saturday)** within the school premises. *The camp aims at exposing children to numerous age appropriate outdoor activities, which will help to lay a strong foundation for their physical development and ensure their strength building. Students will learn new skills, engage in challenging tasks and develop teamwork, competency and a level of independence, all in a safe and nurturing environment.*

Extreme care will be taken to conduct the camp in a highly professional environment, wherein the kids acquire lifetime skills duly supervised by the class teachers and professional instructors.

DETAILS:

- i. **DAY/DATE:** on 25th January 2025 (Saturday) for Classes: III to V
- ii. **PROGRAMME SCHEDULE:**
 - 08:00 AM: Morning brief followed by Warm up session for Mindfulness
 - 08:30 AM: Group Formation and Adventure Activities
 - 09:15 AM: Breakfast (Sandwich and French fries)
 - 09:45 AM: **Adventure Activities** - Tent Pitching, Zorbing, Artificial wall climbing
 - Obstacles-** Burma Bridge, Commando net, Double Trouble, Rope Climbing, Tarzan swing, rope ladder, Spider web, Net Crawling, Tire Crossing, Roller Trampoline etc.
 - Team building Exercises**-Physical (In Nature) – Tug-O-War, Web of Life,
 - 01:00 PM: Lunch time (Rajma, Matar Paneer, Jeera Aloo, Boondi Raita, Poori, Gulab Jamun)
 - 01:30 PM: Adventure Activities continue and music & dance
 - 03:30 PM: Departure with packed snacks
- iii. **MEDICAL FACILITY:** Basic first aid will be available at School.
- iv. **DRESS CODE:** All students should come neatly dressed in comfortable Track suits/trackpants with light woollen jackets, along with Sports shoes, mandatory to wear School ID-cards (Children may wear sun cap)
- v. **ITEMS TO CARRY:** Small bag, Handkerchief/small hand towel, School Almanac
- vi. **DISPERSAL:** Parents are requested to report at 03:30 PM sharp to pick their ward(s) from Gate No. 2.

You are requested to encourage your ward to participate in the Day Camp. **Please fill in the Consent Slip and send it to the Class Teacher latest by 21st January 2025 with cash amount of Rs.600/- in a sealed envelope with child's name and class written on it.**

Best Wishes,

Ms. Richa Sharma
PRINCIPAL

CONSENT SLIP/ DECLARATION BY THE PARENTS

I _____ father/mother of _____ from class _____ Sec. _____, allow my ward to be a part of the day camp being organized in school on 25th January 2025. I even grant my consent for the snacks and lunch to be served to my ward during the day. My ward is physically fit and will abide by the rules and regulations. I understand that the School / Teachers and escorts will take all possible care and precautions to safe guard my ward. In case of any unforeseen incident, I will not hold the school responsible. I am sending Rs.600/- by cash towards the full cost of the Day Camp.

Name of child _____

Class _____ Section _____

Father Mobile No. _____

Mother Mobile No. _____

Signature of the parent/ guardian _____

Date: _____